



5 Things You Need To Do While In Lock-down

1. Invest in your human skills. Your qualifications and experience are a given. Learn to embrace and develop your human skills and core competencies – read deeply and with intent on topics such as critical thinking, communication, collaboration, social competencies, entrepreneurial skills and risk-taking.
2. Taking charge of yourself – taking personal responsibility for your life and career. The inner work you do will be the biggest factor in your success: resilience, emotional awareness, self-leadership, reflection and commitment to develop.
3. Designing, creating, and curating your personal brand is important when you want to go to the next level in your career.
4. Now more than ever, it's important for you to connect with your peers, your team, your internal and external clients, the CEO and the board. Invest time in your professional network, raise your profile and learn to network now – the network of your future is unlikely to be the network of your past. Get yourself into new proximity with the right people.
5. Seek out a coach or mentor who understands and has experience in supporting people through mid-career to C-Suite and beyond. With your coach or mentor, learn how to feel more confident and in control, a person of influence and impact, without giving up who you

Be the obvious choice to the C-Suite.